


The Northwest  
Adventure Center  
presents

# Bella Donna

## ADVENTURES

For Women, By Women

 /SeeYouOutsideJBLM



**Bella Donna Adventures are for women of ALL experience levels.**

**J**oin a series of adventures designed to help you learn and practice outdoor skills. Try new activities in a supportive, nonthreatening environment with other women. If you're already experienced, come and share your skills with newcomers!

- Outdoor Yoga • Hiking**
- Mountain Biking
  - Snowshoeing
  - Whitewater Rafting
  - Paddlboarding
  - Kayaking
  - Survival Backpacking
  - And more!



**For more information, call 253-967-6263  
or email [JBLMadventuretrips@gmail.com](mailto:JBLMadventuretrips@gmail.com)**

