

JBLM 2017 CPR Scheduled Dates and Locations

JBECC, Lewis Main Bldg 4100		McChord Field, 446th SQ, Bldg 1210
Jan 27	Sep 22	Jan 19
Feb 4	Oct 26	Feb 16
Feb 22	Nov 15	Mar 14
Mar 24	Dec 1	Apr 13
Apr 21	Dec 9	May 17
May 13		Jun 14
May 25		Jul 12
Jun 22		Aug 15
Jul 19		Sep 14
Aug 19		Oct 18
Aug 25		Nov 9

- **NOTE: All classes start at 08:30am and should be expected to last till 5:30pm.**

TO SIGN UP FOR CLASS pick one of the following:

1. Call 253.967.5335
or
2. Email registration@JBLMmwr.com



Get certified in First Aid/CPR

Cardiopulmonary Resuscitation

Audience

This course is for anyone with limited or no medical training who needs a course completion card in first aid, CPR and AED use to meet job, regulatory or other requirements.

Heartsaver First Aid CPR AED course description

Heartsaver First Aid CPR AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives.

Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use in Adult, Child and Infant.

Plan for 8 hours of instruction. Time for lunch will be allotted, bringing a lunch is encouraged.

Per AHA Requirements each student must have the current appropriate course textbook readily available for use before, during, and after the course. Books are available for purchase through the following web sites as well as the MWR Bookstore in Stone Education Center on Lewis Main:

<http://aha.channing-bete.com/heartsaver-courses/heartsaver-firstaid.html>

<http://www.laerdal.com/us/item/90-1026>

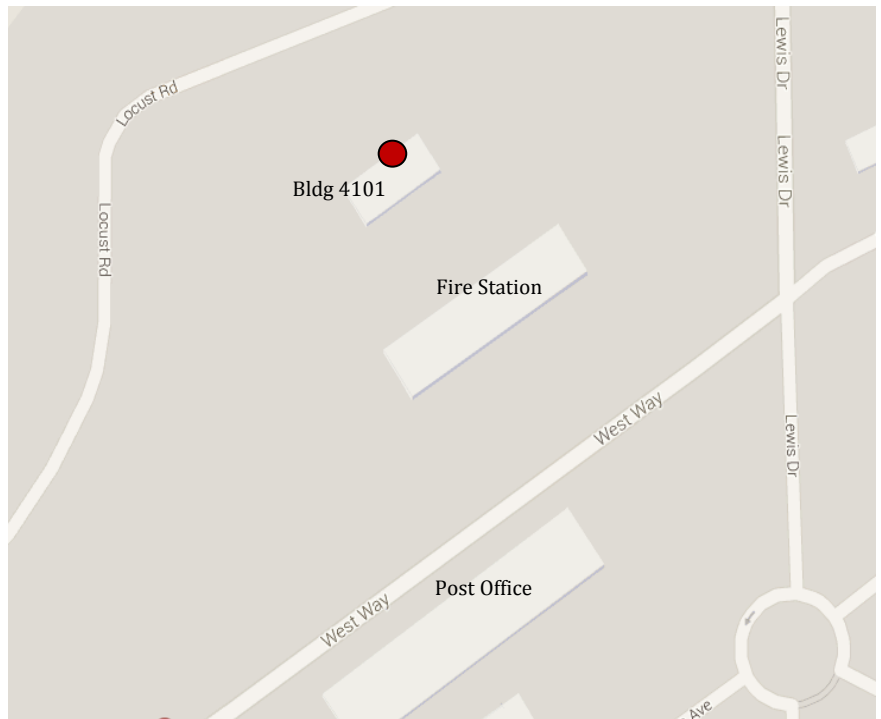
http://www.eworldpoint.com/en/products/Audience-Student/Category-American-Heart-Association/First-Aid-CPR-AED/_/N-1z141yiZ7ptZ1z141pc/Npp-50

DRIVING DIRECTIONS

LEWIS Main Class

Directions to Joint Base Emergency Communication Center (JBECC)

- From I-5 take exit 119 and proceed to the 'DuPont' gate.
- After the gate make your first left onto West Way
- Continue for 2 blocks, you will see Fire Station 101 on your left
- Parking is available directly across the street near the post office
- The Emergency Communication Center is located behind the Fire Station Building number 4101



McChord Field Class

Directions to Bldg 1210

- From I-5 take exit 125 and proceed to the McChord Field gate
- Continue straight on west entrance road
- At the light take a left onto Barnes Blvd.
- Drive 1.3 miles, Bldg 1210 is on the left.

