



Get certified in First Aid/CPR

Cardiopulmonary Resuscitation

Audience

This course is for anyone with limited or no medical training who needs a course completion card in first aid, CPR and AED use to meet job, regulatory or other requirements (age limit is 12 yrs old).

Heartsaver First Aid CPR AED course description

Heartsaver First Aid CPR AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives.

Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. Course also teaches adult, child and infant CPR and AED use.

Heartsaver First Aid CPR AED Student Workbook is REQUIRED for class and is available for purchase through the following web sites:

<http://aha.channing-bete.com/heartsaver-courses/heartsaver-firstaid.html>

<http://www.laerdal.com/us/item/90-1026>

http://www.eworldpoint.com/en/products/Audience-Student/Category-American-Heart-Association/First-Aid-CPR-AED/_/N-1z141yiZ7ptZ1z141pc/Npp-50

DRIVING DIRECTIONS

LEWIS Main Class

Directions to Joint Base Emergency Communication Center (JBECC)

- From I-5 take exit 119 and proceed to the Lewis Main gate.
- After the gate make your first left onto West Way
- Continue for 2 blocks, you will see Fire Station 101 on your left
- Parking is available directly across the street near the post office
- The Emergency Communication Center is located behind the Fire Station Building number 4101



McChord Field Class

Directions to Bldg 1210

- From I-5 take exit 125 and proceed to the McChord Field gate
- Continue straight on west entrance road
- At the light take a left onto Barnes Blvd.
- Drive 1.3 miles, Bldg 1210 is on the left.

